

# MMEIP

MISSING, MURDERED, AND EXPLOITED  
INDIGENOUS PEOPLE





# TABLE OF CONTENTS

## Local to Wood Buffalo Fort McMurray .....4-5

- Victim Services .....4
- Addiction and Mental Health - Domestic Abuse Response Team ....4
- First Nations Community Health Centres.....4
- Indigenous Community Programs .....4
- Indigenous Family Courtwork Program - Criminal Justice.....4
- Indigenous Wellness Core .....5
- Health and Wellness.....5
- Crisis Line .....5
- Unity House Emergency Women’s Shelter .....5
- Victim Services .....5
- Walk In Counselling Services.....5
- Need Help? SOS Crisis Line .....5

## Federal ..... 6

- Support Line 1-844-413-6649.....6
- Family Information Liaison Units .....6
- Alberta Family Information Liaison Unit .....6
- Health support services .....6

## Provincial ..... 7

- Need help? Free. Confidential. Live Answer 24/7. ....7
- Why would I contact 211? .....7
- Distress Line .....7

## Additional resources.....8-13

- Through the Storm Video 2022, 29 min, Documentary .....8
- Navigating Missing Persons and Homicide Investigation Processes in Alberta: A Family Guide.....9
- A Wellness Guide for Indigenous Families.....10
- Victims of Crime - Staying Informed .....13
- Are You Entitled to Receive Information? .....13
- How Can You Receive Information?.....13



Reach out to us if you need support or are looking for more information on the programs offered to families affected by violence against Indigenous people.

**Lyn Chartrand**  
 IRS Health Support Worker  
 780-791-6538, ext \*262  
 lyn.chartrand@atcfn.ca

This resource and links to other resources can be found on the Athabasca Tribal Council’s website at [www.atcfn.ca/mmeip](http://www.atcfn.ca/mmeip) or use the QR code below.



# LOCAL TO WOOD BUFFALO FORT McMURRAY



## Victim Services

105 Paquette Drive  
Fort McMurray, AB T9K 0P5  
Main Line 780-788-4250  
Fort Chipewyan 780-697-3337

[www.rmwb.ca/victimservices](http://www.rmwb.ca/victimservices)

Wood Buffalo Victim Services provides victims of crime and trauma with support, information and referrals based on a victim's needs. The support is intended to ease the crisis and help victims return to stability.

Victim Services supports people in all the communities in the Wood Buffalo region.

### Support at time of crisis includes:

- A listening ear
- Empathy, comfort and reassurance
- Court preparation program
- Court accompaniment
- Child witness program
- Personal safety plans

### We provide information on topics such as:

- General police procedures and the criminal justice system
- Effects of trauma and victimization
- Victim impact statements
- Financial benefits program
- Restitution

To ensure the long-term healing of victims, we provide referrals to the following:

- Local community agencies
- Counselling agencies
- Legal aid
- Support groups

## Addiction and Mental Health - Domestic Abuse Response Team

Alberta Health Services - Provincial Health Services

1-877-303-2642 (Mental Health Helpline)

7 Hospital Street

Fort McMurray, AB, T9H 1P2

## First Nations Community Health Centres

Government of Canada - Health Canada

Telephone: 780-334-2443

## Indigenous Community Programs

Athabasca Tribal Council

Telephone: 780-791-6538

[www.atcfn.ca](http://www.atcfn.ca)

9206 McCormick Drive

Fort McMurray, AB, T9H 1C7

Nistawoyou Association Friendship Centre

Telephone: 780-743-8555

[nistawoyouafc.com](http://nistawoyouafc.com)

8310 Manning Avenue

Fort McMurray, AB, T9H 1W1

## Indigenous Family Courtwork Program - Criminal Justice

Native Counselling Services of Alberta

Telephone: 780-743-1888

[www.ncsa.ca](http://www.ncsa.ca)

10012A Franklin Avenue

Fort McMurray, AB, T9H 2K6

# LOCAL TO WOOD BUFFALO FORT MCMURRAY

## Indigenous Wellness Core

### Alberta Health Services - North Zone

Telephone: 780-714-5611

[www.ahs.ca/ihp\\_113](http://www.ahs.ca/ihp_113)

Thickwood Boulevard

Fort McMurray, AB, T9H 5E5

## Health and Wellness

### Canadian Mental Health Association - Alberta Northeast Region

Telephone: 780-743-1053

[www.recoverycollegewoodbuffalo.ca](http://www.recoverycollegewoodbuffalo.ca)

8530 Manning Avenue

Fort McMurray, AB, T9H 5G2

### Some Other Solutions Society for Crisis Prevention

Telephone: 780-743-8605

[www.someothersolutions.ca](http://www.someothersolutions.ca)

8706 Franklin Avenue

Fort McMurray, AB, T9H 2J6

## Crisis Line

### Some Other Solutions Society for Crisis Prevention

1-800-565-3801 (Outside Fort McMurray)

Telephone: 780-743-HELP (4357)

## Unity House Emergency Women's Shelter

### Waypoints

Telephone: 780-743-1190 (24 Hour Crisis Line)

[www.waypointswb.ca](http://www.waypointswb.ca)

Treaty 8, 100-130 Prospect Drive,

Fort McMurray

## Victim Services

### Regional Municipality of Wood Buffalo

Telephone: 780-788-4250 (Main)

Telephone: 780-697-3337 (Fort Chipewyan)

[www.rmwb.ca/victimservices](http://www.rmwb.ca/victimservices)

105 Paquette Drive

Fort McMurray, AB, T9K 0P5

## Walk In Counselling Services

### Alberta Health Services - North Zone

Telephone: (780) 793-8360

339 Powder Drive

Fort McMurray, AB, T9K 0M4



SOME OTHER SOLUTIONS  
SOCIETY FOR CRISIS PREVENTION

## Need Help? SOS Crisis Line

Call SOS 24 HR Crisis Line 780-743-4357 or  
1-800-565-3801

Society for crisis prevention.

We offer mental health services and support to the  
community of Wood Buffalo Fort McMurray.

[www.someothersolutions.ca](http://www.someothersolutions.ca)



# ACROSS CANADA

## Support Line 1-844-413-6649

An independent, national, toll-free support call line is available to provide support for anyone who requires assistance. This line is available free of charge, 24 hours a day, 7 days a week.

## Family Information Liaison Units

Family Information Liaison Units (FILUs) provide specialized services to families of missing and murdered Indigenous women, girls, and 2SLGBTQI+ people.

FILUs are delivered through victim services and Indigenous community organizations and are available in every province and territory.

Justice Canada provides funding to support FILUs through the Federal Victims Strategy.

## Alberta Family Information Liaison Unit

Phone: 780-427-3557  
Toll-free phone: 310-0000  
Deanna Grey  
deanna.grey@gov.ab.ca

### Edmonton

Tracey Makokis  
Phone: 780-644-2388  
Email: tracey.makokis@gov.ab.ca

### North/Mackenzie Region

Dia Thurston  
Phone: 780-926-7020  
Email: dia.thurston@gov.ab.ca

### North/East Region

Sharon Gladue  
Phone: 587-984-7927  
Email: sharonj.gladue@gov.ab.ca

## Hope For Wellness

The Hope for Wellness Helpline is available to all Indigenous people across Canada. Experienced and culturally competent counsellors are reachable by telephone and online 'chat' 24 hours a day, 7 days a week

1-855-242-3310 | [www.hopeforwellness.ca](http://www.hopeforwellness.ca)

## Health support services

Although the Final Report has been released, survivors, family members and those affected by the issue of missing and murdered Indigenous women and girls are still able to access mental health counselling, emotional support, community-based cultural support services and some assistance with transportation costs.

To find out more or access supports near you, please call the number in your province or territory:

Atlantic: 1-866-414-8111  
Quebec: 1-877-583-2965  
Ontario: 1-888-301-6426  
Manitoba: 1-866-818-3505  
Saskatchewan: 1-866-250-1529  
Alberta: 1-888-495-6588  
Northwest Territories,  
Nunavut, and Yukon: 1-866-509-1769  
British Columbia: 1-877-477-0775

## Mental health counselling

Mental health counselling is provided by professionals such as psychologists and social workers who are registered in their province or territory and enrolled with Indigenous Services Canada. Mental health counsellors will work with their clients to develop a wellness plan, and provide ongoing individual or family counselling to support healing as determined with the client.

## Emotional support

Community-based Indigenous health workers, known as Resolution Health Support Workers (RHSWs), are hired by Indigenous organizations to provide trauma-informed, culturally grounded support to people affected by the issue of missing and murdered Indigenous women and girls. RHSWs provide emotional support and comfort by listening, talking and providing referrals to other services.

## Cultural supports

Elders and traditional healers provide cultural supports through local Indigenous organizations to assist clients on their healing journeys. Specific services are determined by the needs of the individuals and may include dialogue, ceremonies, prayers, Elder services or traditional healing.

# PROVINCIAL



## Need help? Free. Confidential. Live Answer 24/7.

- Call 2-1-1
- Text INFO to 211
- Chat with 211 online at [ab.211.ca](http://ab.211.ca)
- Search for programs and services online at [ab.211.ca](http://ab.211.ca)

**If you're having an emergency, call 911.**

### Contact 211 to access to an entire network of community, social, health and government services.

Your call, text or chat will be answered by a professional 211 Community Resource Specialist who is trained to assess your need and refer you to the most appropriate service or services. 211 is available across Alberta and is offered in over 170 languages over the phone.

### Why would I contact 211?

- I need food, shelter and/or transportation
- I need financial support to help pay my utility bill, rent and/or damage deposit
- I need to find mental support
- I need information on Government programs and phone numbers
- I don't know where to go for Legal support
- I want to volunteer for an organization
- I want to make a donation of furniture and/or clothing
- I am concerned about a friend or family member
- I am looking for services for a client
- We have access to thousands of other services

Learn more about 211 Alberta at [ab.211.ca](http://ab.211.ca)

## Distress Line

780-482-4357 (HELP)

The 24-hours Distress Line is available seven days a week

The Distress Line provides confidential, non-judgmental and short-term crisis intervention, emotional support and resources to people in crisis or distress. We also support family, friends and caregivers of people in crisis.

### Our Distress Line Service provides:

- Crisis Intervention
- Suicide Prevention
- Family Violence Prevention
- Emergency Intervention and Response
- Emotional Support

### Community Resource Referral

When you reach out we will:

- Listen to your situation
- Provide emotional support
- Explore options with you
- Connect you with local resources and referrals

During times of high demand, it may take a while to connect to a listener. Please stay on the line or try again later.

**If you or someone you love is in immediate danger, call 911.**

# ADDITIONAL RESOURCES



General inquiries:

[bearpawlegal@ncsa.ca](mailto:bearpawlegal@ncsa.ca)

Ph: (780) 451-4002

14904-121A Avenue NW, Edmonton, Alberta, T5V 1A3

[bearpawlegalresources.ca](http://bearpawlegalresources.ca)

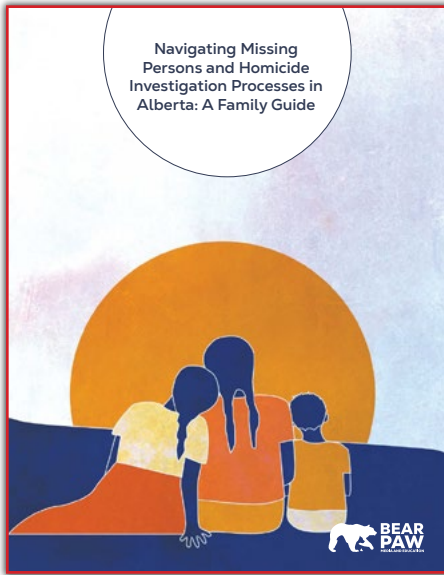


## **Through the Storm Video 2022, 29 min, Documentary**

Through the Storm takes a gentle look at the journey of families of Missing and Murdered Indigenous People (MMIP) through the missing persons and homicide investigation process. Family members and advocates share parts of how they continue to grapple with grief, loss and finding support. This video was created to support MMIP families to recognize their strength and resilience and find ideas for support on their healing journey. You can watch at: [bearpawlegalresources.ca](http://bearpawlegalresources.ca)



# ADDITIONAL RESOURCES



## **Navigating Missing Persons and Homicide Investigation Processes in Alberta: A Family Guide**

This booklet includes information on what to do if your loved one goes missing, how to report, details on the process and what you can do to help find them.

The voices of families of Missing and Murdered Indigenous people guide the booklet with supports, key information and suggestions through these processes. If your loved one was murdered, there is information on death notifications, the police investigation and other resources and supports.

The booklet includes resources you can use to keep track of information, description of your loved one, a contact log and journal.

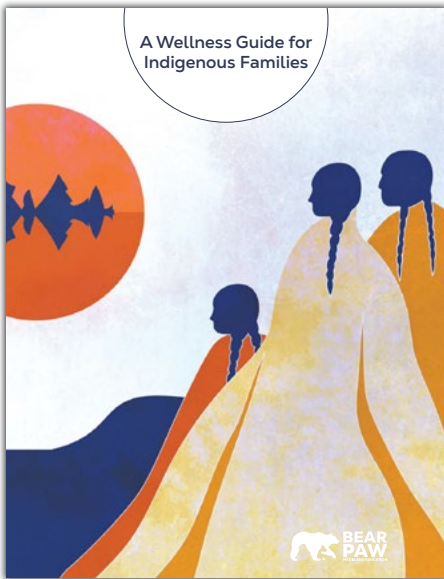
A copy of this guide can be downloaded at [bearpawlegalresources.ca](http://bearpawlegalresources.ca)

### INTRODUCTION

We hope this booklet supports you with some guidance and tools you can use, in your own way, on your journey. Our intention is to respect and encourage you on your own path through the difficult processes of reporting a loved one missing and the homicide investigation in Alberta.

- [PG 3](#) WHAT DO I DO IF MY LOVED ONE IS MISSING?
- [PG 6](#) HOW DO I REPORT MY LOVED ONE MISSING?
- [PG 7](#) BEFORE YOU REPORT.../CONTACT THE POLICE IMMEDIATELY
- [PG 8](#) AFTER YOU REPORT
- [PG 10](#) WHAT IF I HAVE TO WORK?
- [PG 11](#) USE (SOCIAL) MEDIA
- [PG 15](#) DEATH NOTIFICATION
- [PG 17](#) THE POLICE INVESTIGATION
- [PG 19](#) WHEN CAN I SEE MY LOVED ONE?
- [PG 20](#) HOW DO I MAKE FUNERAL ARRANGEMENTS?
- [PG 21](#) RESOURCES AND SUPPORT
- [FORM A:](#) BEFORE YOU REPORT INQUIRIES
- [FORM B:](#) DESCRIBE YOUR LOVED ONE
- [FORM C:](#) CONTACT LOG
- [Form D:](#) JOURNAL

# ADDITIONAL RESOURCES



## A Wellness Guide for Indigenous Families

You always have choices on your healing journey. Our communities, families and children are central to our healing. They also are affected by trauma, loss and grief. Centering our family and kin in healing changes the conversations we have and the actions we take to support ourselves and each other. Children and your inner child, especially need you and your support in their healing.

We hope this booklet supports you with some guidance and tools you can use, in your own way, on your journey towards healing, health and wellness. Our intention is to respect and encourage you on your own path. Only you know what you need. You have the answers inside yourself. Draw on your own spiritual or religious beliefs and practices. Please only take what you need from this booklet - leave the rest.

A copy of this guide can be downloaded at [bearpawlegalresources.ca](http://bearpawlegalresources.ca)

### GUIDE INTRODUCTION

We need each other to heal. Healing is a constant and evolving process; there is no end.

You always have choices on your healing journey. Our communities, families and children are central to our healing. They also are affected by trauma, loss and grief. Centering our family and kin in healing changes the conversations we have and the actions we take to support ourselves and each other. Children and your inner child, especially need you and your support in their healing.

We hope this booklet supports you with some guidance and tools you can use, in your own way, on your journey towards healing, health and wellness. Our intention is to respect and encourage you on your own path.

Only you know what you need. You have the answers inside yourself. Draw on your own spiritual or religious beliefs and practices. Please only take what you need from this booklet - leave the rest.

As you work through this booklet, you may want to use a journal to do some of the activities.

We encourage you to ask for support from someone you trust as soon as you can. A support can be an Elder, family member, friend, partner or advocate. Please reach out to

<a href="#">PG 3</a>	HOW DOES TRAUMA AFFECT OUR BRAINS?	<a href="#">PG 15</a>	MEDICINE TEACHINGS
<a href="#">PG 4</a>	TRAUMA, AMBIGUOUS LOSS, AND GRIEF	<a href="#">PG 16</a>	MEDICINE TEACHINGS CON'T
<a href="#">PG 5</a>	TYPES OF GRIEF	<a href="#">PG 17</a>	MEDITATION
<a href="#">PG 6</a>	TWO TYPES OF GRIEVING STYLES	<a href="#">PG 18</a>	BREATHE/SELF AFFIRMATIONS
<a href="#">PG 7</a>	GRIEF IS MESSY!	<a href="#">PG 19</a>	START A JOURNAL
<a href="#">PG 8</a>	IN HONOUR OF	<a href="#">PG 20</a>	START A JOURNAL CON'T
<a href="#">PG 9</a>	CREATE YOUR COMMUNITY	<a href="#">PG 21</a>	MUSIC
<a href="#">PG 10</a>	CONNECTING WITH ELDERS	<a href="#">PG 22</a>	TAKE PHOTOS
<a href="#">PG 11</a>	CRYING IS CEREMONY – ELDER ELSIE PAUL	<a href="#">PG 23</a>	MOVEMENT IS MEDICINE
<a href="#">PG 12</a>	CLEANSING WITH WATER	<a href="#">PG 24</a>	FOOD IS MEDICINE
<a href="#">PG 13</a>	GROUND YOURSELF IN 5, 4, 3, 2, 1	<a href="#">PG 25</a>	COUNSELLING OR PSYCHOLOGY
<a href="#">PG 14</a>	SMUDGING	<a href="#">PG 26</a>	RESOURCES AND SUPPORTS



# ADDITIONAL RESOURCES



## WITHIN THE FEDERAL CORRECTIONS AND CONDITIONAL RELEASE SYSTEM, VICTIMS HAVE THE RIGHT TO:



**Information:** about reviews, timing and conditions of offender's conditional release under the *Corrections and Conditional Release Act* (CCRA).

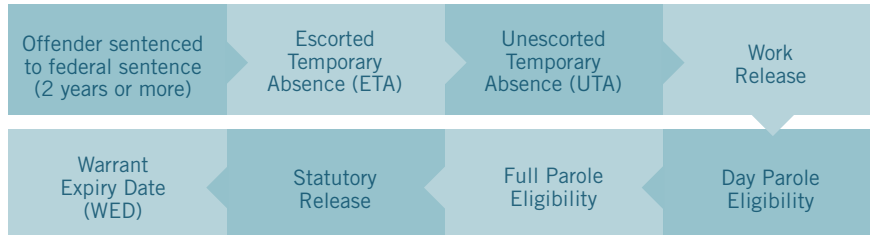


**Protection:** to have their security considered; to have reasonable and necessary measures taken to protect them against retaliation and intimidation.



**Participation:** to communicate and have their views considered.

Upon request, a victim may be able to access information throughout the federal corrections and conditional release system:



### Upon request, victims may also receive:

Information about the offender and their sentence

- The offender's name, age, offence, sentence length, penitentiary placement and transfers
- Victim-offender mediation services
- Information about the offender's correctional plan and progress
- Correctional programs and serious disciplinary offences
- Whether the offender has been removed from Canada
- Whether the offender is in custody and if not, why not

Information about the offender's conditional release

- Eligibility dates and reviews for conditional release
- Timing, destination, and conditions of release
- Appeals of release decisions and detention reviews
- Access to a photo of the offender prior to release
- Easier access to parole decisions

### Victims are protected and can participate by:

- Submitting or attending and presenting statements at parole hearings. Reasonable and necessary conditions to protect victims may be imposed on an offender's conditional release, whether a victim submits a statement or not.
- Being informed by the releasing authority before release conditions are changed or removed if a victim provided a statement and consider their views.
- Requesting access to an audio recording of the parole hearing or a copy of the decision if they do not attend the hearing.

For more information about how victims of federal offenders can register to receive information, call:

Correctional Service of Canada at 1-866-806-2275

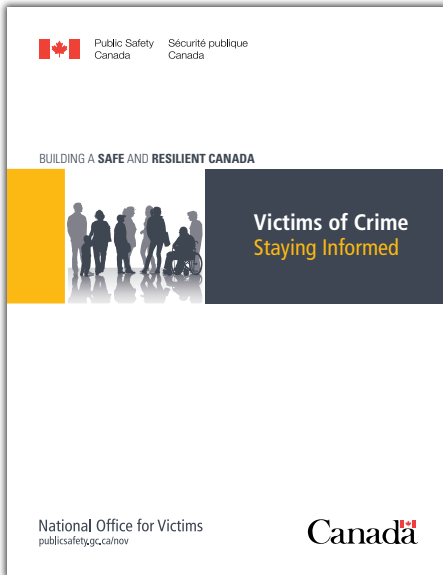
Parole Board of Canada at 1-866-789-4636

Public Safety Canada's National Office for Victims at 1-866-525-0554

Disclaimer: This infographic contains general information only and is not intended as legal advice.



# ADDITIONAL RESOURCES



## Victims of Crime Staying Informed

The information in this booklet is presented in English.

This publication is also available in other languages through

the National Office for Victims at 1-866-525-0554

A copy of this guide can be downloaded at

<https://www.publicsafety.gc.ca/cnt/cntrng-crm/crrctns/ntnl-ffc-vctms-en.aspx>

## Victims of Crime - Staying Informed

Under Canadian law, victims of federal offenders (offenders who have received a sentence of incarceration of two years or more or who are under the jurisdiction of Correctional Service of Canada (CSC) or Parole Board of Canada (PBC)) are entitled to receive certain information about the person who harmed them. This information is not provided automatically – a written request must be made to either CSC or PBC via a process commonly referred to as registering.

The recently passed Canadian Victims Bill of Rights (CVBR) has increased the amount and type of information to which registered victims are entitled. This booklet provides victims with information on what they are entitled to know, including the new entitlements contained in the CVBR, how to obtain that information, the role victims can play in CSC's and PBC's decision-making process, and other services offered at the federal level.

## How Can You Register?

To find out how to register for the federal victim notification service and to obtain other general information, please call:

### Correctional Service of Canada

1-866-806-2275 (toll-free)

[csc-scc.gc.ca/victims-victimes](http://csc-scc.gc.ca/victims-victimes)

### Parole Board of Canada

1-866-789-4636 (toll-free)

[canada.ca/services/paroleboard](http://canada.ca/services/paroleboard)

To ensure that you continuously receive timely notifications from CSC or PBC, it is important that you inform these agencies if your contact information changes.









# MMEIP

MISSING, MURDERED, AND EXPLOITED  
INDIGENOUS PEOPLE



[www.atcfn.ca/mmeip](http://www.atcfn.ca/mmeip)

